



**Sacred Heart Apostolate Monthly Newsletter
September 2023**

Our Lady of Sorrows

“This sovereign of our souls takes delight only in a truly humble soul; and in order to live wholly to Him we must no longer live to ourselves.”

St. Margaret Mary Alacoque



**Hieron Eucharistic Museum
Paray-le-Monial
Virgin of Mercy**

Living the Enthronement of Jesus King of Love

During this month we can meditate on the Seven Sorrows of Mary in front of our image of the Sacred Heart. Our nation has suffered many sorrows recently: The fires in Maui, rains and flooding in Southern California and the devastation of winds and flooding with hurricane Idalia. Let us join our personal sorrows with our neighbors and Mary's sorrowful heart and present them to Jesus who brings healing, comfort, and peace.

The Seven Sorrows of Mary

Pray one Hail Mary while meditating on each sorrow:

1. The prophecy of Simeon
2. The flight into Egypt
3. The three-day loss of Jesus in the Temple at Jerusalem
4. The Meeting with her Son on the way to Calvary
5. Mary standing at the foot of the Cross
6. The taking down of Christ's body from the Cross
7. The burial of her Divine Son

O Desolate Mother, who can know the tender affection of thy broken heart that was laid in the sepulchre with the body of thy Divine Son? He was thy all. He still is thy all, for dejection has no claim upon thee. Teach me, Mother of Sorrows, to place my hope in Him, that the false security of the world may never seduce me.

Amen

First Friday Rosary

"Silence, prayer, suffering, waiting: these are the lessons Our Lady is always teaching me."
St. Mary Euphrasia Pelletier

The month of September is dedicated to Our Lady of Sorrows. Let us join her at the foot of the cross with our 24 hour rosary this first Friday, September 1st, covering all hours making reparation for the sins committed against his most Sacred Heart, enduring with perseverance and patience so that the genuineness of faith, more precious than gold that is perishable even though tested by fire, may prove to be for praise, glory, and honor at the revelation of Jesus Christ. (1 Peter 1:7)

Peace in the wounded Heart of Christ!

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Prayer Intentions

Pray for the Sacred Heart Apostolate and for upcoming missions and the intercession of the Holy martyrs of the Congregation of the Sacred Hearts of Jesus and Mary. Parishes might be shying away from Paris missions since there is news of growing Covid cases.

Please pray for those who are suffering in the wake of the natural disasters in our nation.

Pray for the canonization of Fr. Mateo.

Important Dates in the Church and saints who promoted devotion to the Heart of Jesus.

September:

1-First Friday

2-First Saturday

8-Birth of the Blessed Virgin Mary

12- Most Holy Name of Mary

14-Exhaltation of the Holy Cross

15-Our Lady of Sorrows

“Fervent souls shall rise speedily to great perfection.”

Do we truly believe this promise?